

Burn Safety Tips for Children

- Set hot water heaters at 120 degrees Fahrenheit (F). Install anti-scald device.
- Keep items such as clothing irons, hair curlers and curling irons out of the reach of children. Remember that all appliance cords need to be kept coiled and away from counter edges.
- Keep containers of hot liquid far from edge of counters to prevent children from pulling them onto themselves.
- Cook on back burners when possible.
- Keep all pot handles turned back, away from stove edge.
- Remember children can also pull tablecloths resulting in hot spills that can burn or scald.



- Always test water temperature before placing children in the tub. If the water is hot to the touch, then it is too hot for children.
- Never leave unattended child in bathroom or kitchen.
- Keep children away from space heaters, floor furnaces and fireplace glass.
- Use approved safety plugs in electrical outlets.

Treating all major and minor burns.
(615) 322-4590
In case of an emergency, dial 911



Vanderbilt Burn Center

www.vuburncenter.com

Characteristics of Burns

First Degree

- Minor damage to the skin
- Color – pink to red
- Painful
- Skin is dry without blisters

Second Degree

- Skin is moist, wet and weepy
- Blisters are present
- Color – bright pink to cherry red
- Lots of swelling or accumulation of fluid
- Very painful

Third Degree

- Skin may be very bright red or dry and leathery, charred, waxy white, tan or brown
- Burned veins may be visible
- Areas are insensate – the person is unable to feel touch in primary areas of injury



Information from the American Burn Association website.